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CLAIMS

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1. A slidingly detachable core member for use within an elastic tube, comprising a hollow cylindrical body and a sliding material associated with said body for reducing friction between said body and an elastic tube encompassing said body, characterized in that:

an extension is provided in said body and extends outward, to transmit external force, for detachment of said body from the elastic tube, to said body.

- 2. A slidingly detachable core member according to claim 1, wherein said sliding material includes a sheet-like sliding member arranged on an outer peripheral surface of said body.
- 3. A slidingly detachable core member according to claim 2, wherein said sliding member is formed separately from said body and attached to said body.

4. A slidingly detachable core member according to claim
2, wherein said sliding member comprises a molded film with
self-sliding property arranged to be folded on said outer
peripheral surface of said body in a condition where said
body is placed in an operable position to be encompassed
within the elastic tube; said molded film being shaped to
substantially cover a working region, encompassed within the
elastic tube, in said outer peripheral surface of said body
placed in said operable position.

- 5. A slidingly detachable core member according to claim 4, wherein said molded film includes cutouts for locally exposing said working region of said outer peripheral surface of said body.
- 6. A slidingly detachable core member according to claim 1, wherein said body includes a plurality of plate-like

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elements assembled together to form a hollow cylindrical body, and wherein said extension has flexibility in itself and joins said plate-like elements shiftably relative to each other.

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7. A cold shrink tube unit comprising an elastic tube member having an opening end, and a hollow cylindrical core member detachably arranged within a seal region of said elastic tube member defined in a predetermined length from said opening end to hold said seal region in an elastically expanding state, characterized in that:

said core member is comprised of a slidingly detachable core member according to claim 1; and

said slidingly detachable core member is arranged to be encompassed within said seal region with said extension projecting outward from said opening end of said elastic tube member.